**Cardiff lecturer becomes Toastmasters International Second Vice President**

Jean Gamester elected to the Board of Directors of global educational organization

**ENGLEWOOD, Colo., Aug. 20, 2025** — Jean Gamester, DTM, of Cardiff, Wales, United Kingdom, has been elected as the new Second Vice President of [Toastmasters International](http://www.toastmasters.org), the world’s leading organization devoted to communication and leadership skills development. Gamester assumed the one-year term at the organization’s 2025 International Convention, held in Philadelphia, PA, United States, Aug. 20-23.

Jean Gamester is a business school lecturer at The Open University in the United Kingdom. In her role, she educates on leadership, strategy, change, creativity, and innovation. This work builds on her international, multi-cultural, and multi-sector corporate change and leadership experience that includes company-wide strategy development, consulting, and implementation.

Gamester earned master’s degrees in Human Resource Management and Economics, the former from the University of Bedfordshire in the UK, the latter from University College Dublin, Ireland. She additionally has an ACCA certified diploma in accounting and finance, and certification in the fields of program management, project management, information technology, coaching, psychology, literature, creative writing, and yoga. She is currently finalizing a professional doctorate in organizational change. She is a past Interim CEO of Charity Speakers Trust in the United Kingdom.

A Toastmaster since 2006, Gamester is a member of her home club, Cardiff Toastmasters. She has held a number of high-profile leadership positions within Toastmasters and has attained the Distinguished Toastmaster designation—the highest level of educational achievement in the organization. She was also a recipient of a Toastmasters Presidential Citation in 2021 for her continual support and dedication to the organization in the areas of growth and change.

She reflects that Toastmasters has helped her gain communication and leadership skills that have empowered her to lead complex strategic change in organizations and helps her inspire as a speaker and university lecturer. She says, “People tend to join Toastmasters because they want to become more confident and capable speakers. We tend to stay for a variety of reasons—because we connect with the creative joy of speaking in public, we develop the skill of leadership, we build great friendships. Subtly over time, we become better versions of ourselves—we communicate, listen, care, and contribute more richly to our families and communities.”

As a member of the Toastmasters International Board of Directors, Gamester is a “working ambassador” for the organization. She works with the Board to develop, support, and modify the policies and procedures that guide Toastmasters International in fulfilling its mission.

**About Toastmasters International**

Toastmasters International is a nonprofit educational organization that builds confidence and teaches public speaking skills through a worldwide network of clubs that meet online and in person. In a supportive community or corporate environment, members prepare and deliver speeches, respond to impromptu questions, and give and receive constructive feedback. It is through this regular practice that members are empowered to meet personal and professional communication goals. Founded in 1924, the organization is headquartered in Englewood, Colorado with over 270,000 members in more than 14,000 clubs in 150 countries. For information about local Toastmasters clubs, please visit toastmasters.org.

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